



Daily Reflection
with
Expanded Consciousness
January, 2012

Beloved Ones, with every breath are you filled with the deep inner knowing of not only who you truly are, but more so, you are filled with the most expanded version – so to speak – of what you call your own reality, your own physicality as it appears to you, and of what you eventually recognize as Truth Incarnate.

What do we mean by those words? In this manner do we speak:

Even as you receive these words, even as you gaze upon the sea, even as you view the stars in your night sky, you are always manifesting your full knowing – *to your best ability to incarnate those vibrational frequencies*.

And many of you will hear those words *to your best ability to incarnate those vibrational frequencies* and will automatically believe that you are excluded from your own full knowing simply because... because why?

Our dear ones, because you have been led to believe that you are less than. Less than what? You have been led to believe that you are less than your glorious selves. Why?

There have been developed those beliefs which give to you an automatic deducing which says that you are not as magnificent... simply because you cannot perform magnificent feats, simply because you cannot make manifest your own great abundance, or simply because you are continuing to have what could be called challenges in your daily living.

Yet we say to you, such deductions are in error. We beseech you to hear these words: You are currently and have been performing magnificent

feats. What are they? Breathe deeply and hear the words of your own journey's amazing unfoldment.

You believe you have *heard these words before*, as you have the phrase. Yet we say to you that you have never really heard these words, you have never really taken them into your own self and believed them of yourself, of your own personal self. Here they are.

You came to earth during a most difficult time. You came during a great transformation not only of the consciousness, but also of the powers that tend to rule the consciousness of the sleeping masses.

You came during a great change wherein the Truth begs to be known and also wherein the distortion holds on to itself lest it be no more.

You came during a time when all beings were grasping for that external brass ring – so to speak – and you knew beyond a doubt that the brass ring resided within the very core of your own being.

Yet what did you do? You birthed yourselves with a veil to such knowing. Why? You chose to enter during such great upheavals and difficulties so that you would awaken, so that you would have the *personal continued experience of awakening to truth*.

Some of you might be asking, why did I choose a continued experience of awakening? Why didn't I just choose to awaken and be done with it, be done with the struggles?

Ah! Here is your answer, our dear ones.

You choose a continued awakening so that you would hold the vibrational frequency of awakening itself – and herein resides your answer – *so that there would always be that pathway for the sleeping masses to grasp on to; so that there would be a continual vibration of hope and hope-fulfilled; and so that such a magnetic force would breathe a breath upon those downtrodden ones and carry them into the Light of Truth...* and – here is the final ingredient of your intent, our beloved ones – *and so that such an uplifting of spirit would not only challenge the distortion and darkness, but would dispel it forever*. Yes. Perhaps you will receive those words again?

You have always held within you those vibrations of the most expanded truth. You have always held within you the beliefs that will continue to give to you the awakening that brings you personally to your next moment of joy, delight and discovery of the more of your own journey.

Do you see?

You have within you, those vibrational frequencies, those encodings that *guarantee* your continued ease of living, your continued increased awareness of your abilities, your magnetic attraction to that pathway that will automatically deliver to you the participation that manifests your great abundance in all manners.

You have within your very being all... everything... that you have sought externally... until you awakened to the truth that *all fulfillment resides within your own consciousness*.

And now, beloved ones, we speak with you in this moment to assist you. How? How will we assist you?

Even as you receive these words are we breathing a breath upon your inner knowing that it might present to you a wave of delight, a wave of knowing, and more so, a wave of your own magnificence that you might dance, play, and give to yourself that celebration of knowing that you are – even in this moment – not only magnificent, but that you are now and have been since your first breath of birthing fulfilling a most amazing purpose.

Know you that you are celebrated in many many realms, celebrated for all that you are doing... even now, even when you feel that you no longer want to participate in such a difficult purpose, and even when you weep silently to yourself, regretting such a wanting.

All beings in all realms send to you great gifts of love and warm embracing... especially to those who believe they are alone... even amidst the crowds.

Blessed are we in the knowing of you, our dear ones.

We beseech you to love your own self in this day, in this moment. Dare... dare to forgive yourself for your believed imperfections... and dare to know that you are perfect exactly as you are... in this breath called

eternity.

So be it!

