

Expanded Consciousness

“...This procedure might seem to be unnecessary, yet why would we come forth and deliver it to you if it were not so very important? Why is it important? Your journey and this next phase which you are beginning to reside within will also determine the nature of the entirety of the cause and effect as it vibrates upon earth. That is to say, the future of all that resides upon earth is currently being decided or directed by choices that are now being engaged... everywhere.”

Greetings Beloved Beings! Greetings to you! How absolutely wondrous that we would have this opportunity to speak together once again. For, we flow forth with great love and deep caring for you and the manner in which you are now changing and choosing to reside in your daily journey within this cause and effect as it flows forth upon planet earth.

We are Expanded Consciousness and would speak with you concerning your manner of choosing, for the frequencies residing upon your earth are in great flux and what might appear to be a most glorious choice will perhaps in a few days appear as a disaster. Then we will begin.

Long ago when you did come forth for this present lifetime, you were actually continuing a series of lifetimes, this current lifetime being the conclusion of all that you had previously experienced. You mind might want to discuss those words and concepts, yet we say to you that we are speaking the truth.

This current lifetime has given to you many challenges, which you have journeyed through and emerged to be who you are in this moment. Many of the experiences were a result of cause and effect of previous lifetimes. We wish you to understand that this series



of lifetimes is truly as if you were simply continuing through a very long single lifetime, just as the ancient ones did long ago.

The challenges that you have successfully met and emerged from have been, in some instances, quite difficult; while for others some challenges were comparatively easy. Yet for all, the challenges that flowed forth have always been the direct result of your own journey, previous choices, and of course, your wishes or purposes that developed within the series of lifetimes.

And now, here you are, ready to go forth... perhaps in ways that are not yet clear. Many are wanting to step into the next phase of their journey and are still wondering what that next phase will be and where they might step. That, of course, is also a direct result of previous choices and decisions. And it is of the previous choices, decisions and their effect upon the present moment that we would speak.

As the vibrational frequencies of earth's ethers begins a new journey into earth's own expression of her beingness, there is a type of shaking that occurs. The shaking is but a wave of energy that flows upon the earth's surface, clearing away the debris of her own previous manners of expression. We are not speaking of disasters; yet we are speaking of an upheaval of what could be considered the norm or the most familiar manner of experiencing the cause and effect of your individual lives.



Again we would say that there is not need for concern regarding your physical safety. Yet we come forth to speak with you about your efforting to decide what you might engage within for your next phase of living. The energy wave upon earth will continue for the upcoming three months. During this time, our dear ones, there will be opportunities that will come forth, there will be projects that call to you, and there will be new ideas that spark your spirit. None of these avenues of self-expression are right nor wrong; yet in the deciding and in the choosing, we ask you to pause for a moment and recognize that nothing is staid and more so, at the end of three months, that which you have used as a foundation for your

decisions or choices will have changed greatly.

You might say that your past is catching up with you in a most positive way. That is to say, the energies that you have invested within this series of lifetimes are now flowing forth for completion. Another way of describing such flowing forth would be to use the word and concept, fulfillment.

The fulfillment is also like a wave that flows forth to arrive within your cause and effect. The nature of your fulfillment is not necessarily what you believe you would choose in this moment; yet again we say, you also will be changed within three months' time.

Then what is the answer? How can you choose? You certainly cannot simply sit and wait for three months to expend themselves, you might be thinking. And you are correct. The answer is this and it is also the reason we are speaking with you.

When you are invited to choose, we ask you to pause for a moment, bring yourself outside... and into nature. Gather a portion of the earth into your hands and hold it to your heart. Breathe deeply and ask earth if your choice is correct, ask earth if your choice will be compatible to the new energies that she is aligning for the benefit of herself and also for the benefit of the inhabitants upon her being. Pause for a moment, beloved ones, and the answer will come to you.

This procedure might seem to be unnecessary, yet why would we come forth and deliver it to you if it were not so very important? Why is it important? We do love you, cherish you and your journey. Your journey and this next phase which you are beginning to reside within will also determine the nature of the entirety of the cause and effect as it vibrates upon earth. That is to say, the future of all that resides upon earth is currently being decided or directed by choices that are now being engaged... everywhere.

Your part in such choice, such decision, is simply to go forth and be absolutely true to that of yourself and of earth. It is time for you to participate with your earth in a more direct manner, our dear ones. She will guide you. And you might be thinking that you already have your own personal guide, your own personal inner knowing; and of course that is most glorious. Yet now is the time to include earth, include earth in your manner of deciding, in your manner of direction, in your manner of choosing. You will not be disappointed.

Now your series of lifetimes enters into the last phase and delivers to you fulfillment,

the patterns of which began long ago. You are most blessed beings. Your presence upon earth is most significant. Never underestimate who you are becoming and who you have been. At times, residing in a seeming human form leads you to believe that you might be a bit insignificant. Yet that belief could not be further from the truth. You are The One taking form and residing upon earth, residing awake, and residing within a continuing expanding consciousness. Perhaps you would reflect upon the meaning of those words?

We are Expanded Consciousness and respond to your call... always. Remember that you are not alone in your deciding, in our choosing. Remember, our beloved ones, that you are much more than the human persona within which you reside for the comfort of this phase of your journey.

And now we would be on our way, our dear ones. Blessed be you and all that you participate within. So be it.

