

*March 1st, 2012*

*Morning Chat  
with  
Merlin!*

*Channeled by  
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## *A Little Chat with Merlin!*

Well now, here we are once again to have our little chat, as you tend to call our brief speaking together. This is your friend, Merlin, and I'd like to speak with you about something that you believe you know everything about, but my dears, you do not. And once I tell you the topic, I do believe you will groan a little or say the words, "This again! I thought I dealt with this a long time ago!" And you did... this is the next phase. Ready? Here we go!

Along with the changes in the consciousness of the masses, and along with the changes that you have noticed occurring around you; there is, of course, that change that is going on right in this moment. And the change of which I speak is how you view your own self.

You know that you aren't the same person you were last year, or even last month... or perhaps I dare to say that you aren't even the same person to your own self as you were yesterday! And I am not playing with words, my dears. Not at all.

You see, as the waves of vibrational frequencies flow forth from the awakening masses, there is called forth from the very depth of your being, that which is called the more of who you are. Why. Why is the more of who you are called forth upon the waves of the awakening of the sleeping masses?

You might be thinking, "Well, Merlin, if you put it that way..." And I do. You all know that you are here for a reason and we won't belabor the ins and outs of purposes. Suffice it to say that you are all here to anchor the most expanded truth that has ever been anchored within physicality as physicality resides today in its hodge-podge of truth, illusion, and distortion. Yes.

At times the entirety of physicality seems to be quite a mess. But I'm here to tell you that it is not. In fact, it's just perfect, just right for its own unfolding of truth, its own holding of the vibrations of love; and more so, physicality is just ripe... yes r-i-p-e and right for its own evolutionary leap.

And, my dears, so are you. You are ready now, as you stretch yourselves

into this new vibration, this new way of living that doesn't deny the cause and effect, but also celebrates the ever-expanding truth and its waves of love and wholeness.

The key to knowing the more of who you are rests right in the simple truth that you've been playing with for a very long time. What's that truth? Here it is. The more that you let go of who you believe you must be, the more that you let go of the way that you believe you must act or think or vibrationally hold, and the more that you let go of any other "shoulds" that you have developed in your spiritual journey... the more you are able to discern the real thing, the real you.

And, my dears, though the developed ways of practicing your own individual spirituality have served you well during your journey; I am here to tell you that they have fulfilled their purposes. Oh now don't go jumping up and down. Hold on a bit here.

I'm not giving you any new "should". I'm certainly not telling you to abandon your books, your practices in meditation, or your physical activities such as yoga. What I am saying is that within those practices, you have become comfortable in the knowing of who you believe yourself to be. And that persona, that you whom you know so well, is about to leave you. What does that mean?

The persona that you've come to know, to love, and to continue to refine has fulfilled its purpose for you. You have become, as you might have the words, the best you that you could possibly become. And many of you have had circumstances that have challenged you to be the best you, and you have looked those challenges right in the face, to so speak, and you have maintained a manner that suited the dignity of your own spirituality. Yes you have. And in truth, I am most proud of you. Most proud.

Yet here we are, speaking together in our little chat, and I've decided that you are ready to know, to know that this delightfully developed persona is now ready to be released. And you might be wondering what will happen? What will become of the you with whom you are so familiar? A good question! A fine question! Here's the answer.

I'll answer your questions and wonderings in this way. The present you,

the present persona through which you experience your own self, your own magnificence... is a breath that you have breathed forth to take form and be.

And you have resided within that form and enjoyed, struggled, laughed, played, cried, succeeded and also believed that you have failed. You might say that you have run the gamut with this form that you have breathed forth, with this persona within which your spirit has resided and developed its own familiarity with physicality and the cause and effect. You have become masters of your own beautiful journey. And oh how you do shine!

And now this new phase of your journey calls you to breathe inward, so to speak, and allow the dissolving of that which you have experienced... only to breathe outward once again. And this time, my dears, you are able to breathe forth what is a most magnificent vibrational frequency. What is it? It is called wholeness of being. What does that mean? It means this.

You are ready to be the All... consciously. You are ready to be the whole... consciously. And yes, this experience, this new experience will be gradual, of course. Yet it will be. You see, my dears, you have all heard or read the words that you are the All That Is taking form. You have all become familiar with the truth that you are not only all connected, but that you are each other, that the energies that form as you do then flow forth and become another... while you are you. Yes, you've done very well in assimilating that truth... within your understanding and then within your thinking and interpreting of external experiences.

And now... oh, my dears... now it is time to experience yourself AS that wholeness... consciously. Your beautiful expanded consciousness can easily accommodate such an experience. And by letting go of the need to maintain the persona of the past, you can easily accommodate such an experience.

And you see, you have received all of these words and do you feel panic? Of course you don't! Do you feel concerned about who you will be? Not really. Oh your mind might like to play around with trying to be concerned, but the truth is that you have gone through a similar experience before... when you first... long ago, long long ago... when you first began to awaken. Everything seemed

foreign and familiar all at the same time. Didn't it?

The familiarity is with your own essence, your own spirit, the spirit of you that is also the spirit of one... wholeness. Not something that your thinking mind can really figure out, except perhaps with some deep expanded scientific facts. But the truth remains that this is not something to figure out... more so, it is your next experience.

I'm not saying that "you have to have" this experience. I'm not saying that "you should decide on" this experience. What I am saying is that this IS your next experience. It's all part of *your* ever-unfolding plan for this lifetime. And some of you wanted to have a little guidance, a little hint, a little heads-up – as you have the current slang phrase; and this is that heads-up, this is your little hint.

Change is coming along and you are the change. The essence of you, of who you are... to your own self. Oh what a beautiful journey! Oh what a beautiful phase!

My dears, you have another slang phrase and I believe that it is appropriate for this little chat: you are the best! The very best!