

Channeled Reflection ~ May, 2014

The Ancient Ones

We are the Ancient Ones and we would like to speak with you about this process that you are currently experiencing during your journey within physicality. The process is one of leaving behind, of letting go of... well now, let us speak of exactly what you are letting go of, exactly what you are releasing... and more so, where you are placing your new stepping stones, even if you are not yet conscious of the new stepping stones.



You have heard again and again the phrase that you are emerging into a new manner of living, which some are calling a new dimension, while others are calling this phase of your journey *the new awakening*. We would like to assist you to become a little more clear about exactly what this new phase or dimension or awakening means to you... personally. After all, everything is occurring within you, before it manifests outwardly into your physicality.

And while you perhaps are thinking that you are letting go of old ways, while perhaps you are thinking that this emergence requires you to surrender your identity or your focus and purpose in life's journey; the truth remains that the letting go, the surrendering is not something that you decide.

And yes, you have perhaps become aware of an old manner of viewing your journey, an old belief, or a well-used living pattern; and then you have decided that it was complete and that you would no longer function within that way. Yet we say to you, the change occurred long before you became aware, long before you decided. This emergence begins at a Soul level. What does that mean?

The manner through which you have experienced your real Self was established and expanded according to your most awakened manner of being. That is to say, as you became more awakened, as you began to change, the cause and effect of your journey changed. And you might now be thinking that such change was a decision. Yet we again remind you that such changes began at the Soul level. It was the shift and change in your Soul or your Self that rippled forth through the many patterns and encodings of your own beingness until you awakened... gradually and at times in one flash of an awareness

that changed... everything.

Before you came to earth for this current lifetime's journey, you decided that you would be here for this change. You all, all who receive these words, know this to be true. Yet perhaps what you do not yet know is that *you created within your Self, within your Soul Patternings, those encodings and synchronistic sparks that became activated according to your ability to receive and incorporate or integrate into your physical incarnation, the vibrational frequencies of the Truth as it became more manifest within your consciousness, as given to your consciousness by your Spirit or Soul Self.* Perhaps you will reflect upon that statement?



You might then conclude that this journey and all of your awakenings was pre-determined; yet it was not. Your *willingness* to journey forth in order to fulfill your inner urgings is the key that opens the portals for Truth's vibrational frequencies to dance their way forward and into your consciousness. Your *daring* to explore new manners of living, of believing or not believing have paved the way — so to speak — for your new journey's steppings. Your *choices for inner peace*, even when the invitation to debate and confront those ones who are a mirror of your very own self, are the choices that uplift your Spirit's presence in such a way that you are more and more able to recognize who you really are... and who you are not. And it is your *ability to love*, to love even those ones who are sick and suffering and do not yet know how to love or receive love... *your ability to love the Spirit or Soul Self of everyone is the turning of the key, the opening of the grande awakening within you.*

The grande awakening within you is the synchronistic alignment between who you have believed you have been and who you really are, so that you can emerge and be, so that you can continue to journey forth and celebrate the discovery of your non-individualistic manifesting of the All; and so that you can fully incarnate the Truth that there is no separation, no being lost, no reason to fear, to reason to... be anything but peace itself, love itself... incarnate.

And all of those words are true; yet the transforming time is a bit of a challenge, is it not? What is the challenge? You are tired of residing in the in-between. You are tired of being on hold. You are wondering if anything will ever come to pass, if you will ever

actually step into this new manner of being.

You are shrugging your shoulders and whispering that perhaps all of the teachings were not to be taken literally. And you also know that you cannot go back, you cannot take on the cloak of your previous self, the cloak that you discarded long ago.

And we are here to say to you that your time is at hand! Just as the blossom begins to lift itself toward the light of day, toward the rays of sun's basking; so do you look toward that moment when you know... truly know... deep inside know that you are residing on your new path. Yes, THAT time is at hand.

And we are also asking of you to dare... to dare to go forth even for just a little, to go forth in a new manner even for just a few steps, a few moments, and perhaps even in a way that is unknown to your familiarity. Some of you who receive these words have in what you call your past, gone forth and experienced grave difficulties, experienced loss and more so, despair. Yet this is now. You have changed.

Yes, some of you have been hiding, remaining in your familiarity in order to lick your wounds; yet we are calling to you. We are whispering to you in your sleep. We are inviting you to dare to notice... to notice that you have been staid, that your "on hold" is of your own making, that you have been afraid to invest yourself in a new manner, afraid simply because the past was so very difficult. Yet you are not the same being.

Think of that past for a moment. Think of yourself in that past. Are you the same being? Do you think the same way? Do you have the same beliefs? How long ago did your difficulties occur? And for how long? Did your difficulties last for days? Months? Years? Oh dear ones, do you not see that they lasted long enough, long enough to make themselves complete?

You might have decided that you want to be sure that your next moves, your next steppings will be the right ones. Yet we say to you, we ask you, how can you know? How can you know beforehand? It is the experience that will lead you toward the best manner, toward your deep fulfillment. You cannot decide a destination before you have even dared to place one foot upon the new pathway... yet the new pathway is waiting for you.

This is what you are releasing, though you cannot make yourself let go. You are



releasing all the old fears, the old needs to be sure before taking a mini-action. You are letting go of your grasp upon something that you believe is your security, yet is but an anchor to your new journey.

Your yearning to be free, to go forth, to be fulfilled, to love and be loved... that yearning is the signal to your entire being that an inner awakening has occurred. Your Spirit, your Real Self has synchronistically aligned itself with your journey. That means that you are capable, most capable of integrating into your physical manifesting, those frequencies of Truth that have been waiting... waiting for your consciousness to be able to maintain incarnating while awake, fully awake.



Do you see? In the past, you would not have been able to remain incarnate whilst the frequencies of such expanded truths filled your being. You would automatically return Home. It is what you call *a given*. Once a being is fully awake and is manifesting the All consciously, there is a releasing of the need to remain incarnate. Except.

Yet, you are the exception. You will not release your need to remain incarnate... until you have fulfilled the purpose that you set before yourself. And that purpose is to incarnate and anchor within physicality, the Truth of the All as it forms as everything, one breath, one heart, one mind, one... one being taking form as the many... the many taking form as the one being.

And it is within this next phase, within the emergence, that you will fulfill that purpose, our dear beloved ones, and then! And then you will go forth as if dancing upon the clouds, as if skipping upon the surface of the seas, as if breathing the breath of the wind spirit that carries Truth within the illusive fabric of its being.

In brief statement, we might say that you are releasing everything, letting go of everything... and you are then becoming the One, the Self, the Spirit of Truth... incarnate, remaining incarnate... until Home is as All Beings... Awakened... awakened beings. One Heart, One Mind, One Spirit, One. Home.

We continue to invite you. We continue to hold Love, deep love for you and your journey. We continue to celebrate your courage and tenacity to continue, to discover what

has been waiting for you.

This is not a fantasy or an illusion, not a metaphor. It is literal and it is the real thing. You are the real thing, the real Truth, the Real Self, the Real Spirit. One.

Blessed are we in the knowing of you! So be it.

— *The Ancient Ones*

