

Channeled Reflection

January 2016



Greetings! I am Teacher and I am just thrilled to be having this opportunity to chat with you once again. Now what would be our topic for this moment? It is this. How can you go forth in your daily life and continue to call forth the fulfillment that is yours, intrinsically yours? I believe that is a good topic, don't you? Then let's get started.

You see, my dear beings, there is a belief, a false believe that says that you must try very hard to remain focused, that you must remain "on the beam" or... or what? Or you will lose what is yours? Or you will miss your chance? Or you will have difficulties? Or... what.

Now there is a valid reason for those thoughts and that false belief. You have been led to believe that your all good, your fulfillment rests upon your ability to be perfect. And while residing within human nature, *incarnate* human nature, you might as well recognize that there is no such thing as getting to be perfect. And who would actually want to and why?

This belief also promotes walking on eggshells, so to speak. What does that really mean in the big picture of your personal fulfillment? This. By trying very hard to be a certain way, you are pretending to be someone you might become in the future. Now what is that all about? And what does it accomplish?

Well, my dears, it accomplishes nothing, absolutely nothing... except that it denies the reality of who you are... in this moment.

Now let's look at something. Together. Let's look at what happens if you accept yourself – as you are – right in this moment, with all of your positives and negatives, all of your successes and failings, with the entirety of who you are?

I'd like you to reflect upon part of that question. The part that I'd like you to reflect upon are the words "with the entirety of who you are". You see, it is most natural to view yourself *as* your human nature, *as* your job, *as* your age, *as* your position in your lively work, *as* your relationships, or *as* anything outside of yourself. And you

might immediately think that you are not doing that, that you have worked on your spiritual unfoldment for a long time, and that you know that you are not any of those ways, that you are more.

Yet I say to you, do you *know* that you are truly divine? Do you know that you are divinity incarnate? And, do you know what that means? Now let's get to the nitty gritty of all of this, shall we?



Your mind might tell you that, of course you know that, of course you know that you are spirit residing within a physicality presented within human nature. Ah! But there is more to this truth than that. It is this. Are you ready?

You are, exactly as you are... exactly as you are meant to be. Now I am not saying that everything is predetermined and you are a robot of sorts moving along on a predetermined path. What I am saying is that you are divine incarnate, and your awakening has been continuing. You are more awake than you have ever been before, my dears. And that means that you are beginning to discover that you are more than human.

Atop that discovery, there resides the inner knowing that this journey is one of awakening. Period. And yes, within those continued awakenings there resides a purpose and a fulfillment of purpose, a discovery of the real nature of who you are, a discovery of the abilities that are innate within your divine nature incarnate, and a discovery of the truth... here it is, my dears... a discovery of the truth that you are always fulfilled.

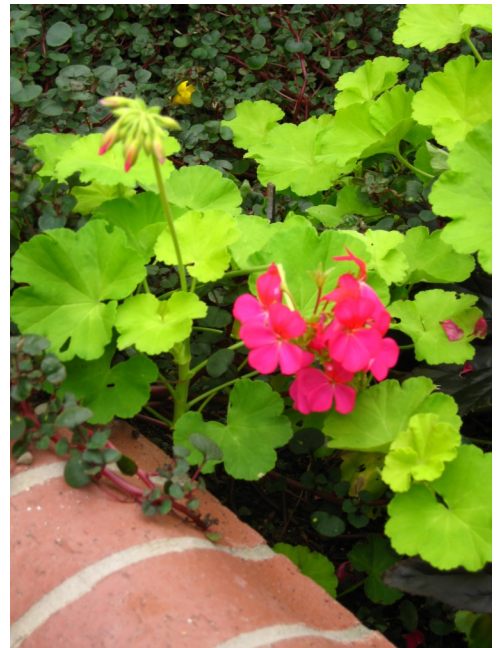
Now we have spoken of this before and perhaps we will once again, even after this little chat. Why? Well, my dears, each and every time we speak of this topic, you are more and more awake and able to integrate those frequencies that are the truth itself. And when that happens, you are more conscious and able to recognize the truth that everything unfolds before you, in perfect harmony... for you.

That brings us back to the beginning of our chat, doesn't it. And that is, trying hard to be someone you might be in the future is a denial of the beauty of that which you are in this moment.

Then you might be asking, if I want to change, then how do I do that... without denying

who I am? And it is a glorious question. The answer is this.

When you have decided that you want to change, you are actually deciding that you want to *change the nature of the way you experience your journey*. You might want to bring more health to your physical body. You might want to find a job that is more fulfilling. You might want to change the friends with whom you relate. Yet the real change is asking yourself to be real, to be the most real that you can possibly be.



And the way that you change anything, my dears, is to let go of certain beliefs and certain resultant actions. Do you see? You are then not trying to make yourself be a certain way; more so, you are letting go of something that you perhaps created or acted within for a specific result. And now you want to stop acting, you want to be more real to your own self.

For example, perhaps you always wanted to relate with others in a social situation with ease and perhaps even enjoy yourself. And perhaps that had always been a difficult scenario. Now in this example, perhaps you observed someone who appeared to be doing just that, having an easy enjoyable time. And within this observation, you decided to act like that person, to appear to be casual, to speak on certain topics. And again, perhaps you succeeded in that.

And one day, this day and within this moment, you realized that you had been acting, that you had create a persona in which to experience your own self. It had worked... to some degree, but here you are wondering who you really are. Yes, who are you... really?

The next step, then, is to begin to let go of that persona, to let go of those ways that you created, that you copied from another. And one way to do that is to get to know yourself better, to be alone for some of your time, to go for a walk with your own self, to take yourself to have refreshment in a restaurant and to become comfortable with yourself... as you are. Now initially, you might feel uncomfortable. And that is wonderful. Glorious. Why? It means that you are getting real. And in getting real, you are letting go of pretending you are someone else, acting like someone else.

The more that you go forth, doing anything that develops your relationship with your own self, the more that you will discover the beauty in the reality of who you are. You might also call this relaxing into yourself. Relaxing. Not asking yourself to be different than you are, not judging yourself by looking outward at anyone else and deciding that how they are being is how you should be, and not trying to figure out how perfect you can make yourself be. My dears, this is a great great freedom.



Now what does this all have to do with residing within your fulfillment? This. Oh you are going to love this! The more that you can reside in this moment, the more that you can accept the reality that you are divinely incarnate in a human form, the more that you can also accept the imperfections of your own manifestation. And within all of that accepting, there is what is called peace. And it is the vibration of peace that clears the way for your fulfillment, that fulfillment that has always been yours.

Now don't underestimate any of this, my dears. This is really the way that you can reside in real enjoyment of your own journey. You see, once you are residing in that peace, that beautiful inner peace, then the more that you are able to discern your next action. You know, that intuitive action that always leads you toward the miracle. You know, that occurrence that you can't explain with your thinking mind, but that you know is exactly that way everything is supposed to be? Yes, that occurrence.

And all of those occurrences that you call miracles are what make up your incarnate divine journey wherein fulfillment is like a cup of tea... each and every day. Automatic, easy, joyful, lovely, fulfilling, exciting, participatory... oh I could go on and on. This fulfillment is then like what you were trying to accomplish by efforting to make yourself perfect. Now isn't it just the cat's meow – interesting phrase, my dears – that you don't have to try to be perfect... ever again? Isn't it just a great gift to know that in letting go of that efforting and accepting that you are perfectly imperfect right now... you are more real than you have ever been... to your own self?

Ah! Yes, my dears. You see, you all have a path, you all have a purpose and the

pathway and the purpose reside inside of you. It may not be a huge discovery; in fact, your purpose might be a gathering of small participations that bring you relief from the struggle of trying to discover your big major purpose. Maybe your purposes are little? Maybe they are wonderfully little? Do you see? Everything is perfect the way it is.

And when you reside in this moment, this very moment, and let go of all that we have spoken of, you are beginning to awaken to the truth of who you are and there... right there... is that peace, the peace that brings total fulfillment. Yes!

Well, my dears, this is a chat and not a class. Then I believe we are complete with this speaking. I do look forward to another chat, whenever you are available for gathering together in this manner.

