

April Daily Reflection, 2015
with
Teacher 2



Greetings! I come forth to speak with you about what you are calling the changing of the seasons, and in this particular instance, we are talking for the most part about the entering of Spring, of new life. And what I would like to speak about is what that means to you, to your body physical, to your emotional body, and to your spirit.

I am Teacher 2 and I have a certain fondness for the changing of the seasons and their effects upon the human spirit being as it resides incarnate upon earth. You see, residing upon earth is like no other residing... anywhere. Here, upon earth, the very Earth herself provides those energies and frequencies that assist you in so many different ways of healing, balancing, clearing, and nourishment of being. Earth delivers to you, to all beings, that foundation upon which new life, new phases of journeys, and new aspects of Self can be explored in the comfort of her love.

Earth does love her humans... unconditionally. Earth holds no grudges, nor does she offer any humanly-projected characteristics that some believe she must feel because of the horrors that occur. Yet this is quite in error. Earth is a divine incarnation and holds that divinity in the fabric of her being. And it is that divine breath that she emits to us, to you, during every moment that you are placing your feet upon her. Some believe that they must place their bare feet upon her; yet I say to you... you are here upon earth and she does not discriminate between those who stand with shoes, stand with skin, or reside in wheelchairs because they have no feet. Plainly and simply, Earth does love you... unconditionally.

Now that I have cleared those beliefs, I would speak of this change in energies, those that are called new life, spring; that time when for a large part of the earth, she breathes her life force outward and blossoming in delightful ways. Hear these words: the energies that flow forth during this time, the frequencies that flow forth during this time are most beneficial to you and your increased well-being.

Now is the time for you, for all of you, to reflect upon who you have been during your

previous journey since the last new birthing of spring. Who have you been? How have you experienced yourself? Have you been “as you always have been” and does that mean that you have been asleep to the possibility that you are preparing to emerge, to step forth the real you who has been waiting seemingly forever for the opportunity to reside, to live, to explore... unhampered by beliefs, unhampered by trying to be what others would like you to be, unhampered by survival’s limited allowance, unhampered by the false persona which has held you comfortably until now? Now is the time to reflect upon all of those topics and more.

I am not encouraging you to find fault with yourselves, to find fault with the previous journey. More so, I am encouraging you to feel, within your own being, what is calling you. What *is* calling you? What have you always wanted to do, but have not... yet... for various reasons, some quite valid and some resting upon fear? What are you tired of doing but continue to do?

You see, beloved beings, your emotional body is rejuvenating now, during spring’s kissing of the spirit of the life force. And it is your emotional body that assists in your continued nourishment of being, nourishment of your inner spirit. You see, your emotional body is truly not for emoting feelings. That is a believe, a false conclusion that arrived in the intellectual world long ago and still seems to hold everyone to it, though it is false, totally false.

The emotional body is comprised by those electromagnetic frequencies that continue to regenerate the entire system of your being, including the regenerative process of your physical body, which rests upon a most intricate electromagnetic system. Some of you have believed that your body is capable of total regeneration and I am here to tell you that you are correct! Yet, such regeneration requires the entire system to be in alignment; that is, the belief system, the spiritual manner of embracing the whole and refusing separation of being; and the breathing in and out, consciously, of the life force as the earth delivers it through her own breath.

To begin, during the spring time, once you have reflected upon your past journey, noticing what you enjoyed and did not enjoy, what left you flat and what aroused you; then it is time to play. Now by *play*, I mean that it is time for you to dare to step into a manner of being that you have postponed, perhaps for your entire life. What have you put aside, setting your hopes and dreams aside... perhaps because they seemed

impractical, or perhaps because they seemed to be unattainable, or for a variety of other reasons. What have you stopped yourself from doing?

And if you do not have an answer to that question, it isn't a crime. You are not what you call a dud. You simply have been away from your own creative process, and now you are being asked to pay attention, to go off by yourself and perhaps simply walk, walk in nature and don't think about worries or lists of what must be accomplished. Just walk in nature and allow yourself to be free. I can guarantee you that during that walk – or perhaps several walks – something will come to you. Perhaps it will be in the form of “If only.... Or, I wish...” That, my dears, that! That is what you must pay attention to! That statement is the portal to your inner spirit. You have a phrase upon earth. It is this: trust me on this. Ha! I can laugh, yet I am saying just those words. Go with this statement: the “if only” or the “I wish” is the portal to your next journey, the next phase of your living, of your thrilling exploration of who you are and why you are really here.

I am not intimating that you have not been fulfilling a purpose, a very fine purpose. I am, however, more than suggesting that it is time for you to dive right into the pleasure of your own fulfillment of being. It is time for you to devote your conscious awareness to those inner urgings that say, “I would love to....”

Now you might think this is off the topic, but it is right on. You see, Spring is the beginning of your emotional body's regeneration. Sometimes you call this regeneration “spring fever” because you feel so lovely, lovely as the blossoms, lovely as the warmth upon your face; but truly the energies that surge through you, surge through undirected, are those energies of your emotional body during its process of regeneration, regeneration of your entire being. Yes, including your body physical.

Then why not participate with such a regeneration? Yes, why not. This is your time to “play” and discover a path, the path that hasn't been taken... yet. Now is your opportunity to go forth... into the “I wish” and give it a try. Dare, I say to you, dare!

I'm not telling you to quit your job, leave a relationship, or spend your life's savings. I am simply saying that the first step in participating with your emotional body's regeneration of your entire being is to discover a hidden pleasure and begin to participate within it... whatever it is.

Now all of this speaking might seem to be fluff, but it is not. It is my coming forth

to bring to your awareness that there is an opportunity presenting itself... for you, to you... and you just might want to take advantage of it. You just might want to say "Yes!".

Humm... think you will? Oh, I do hope so! I do hope so!

I am Teacher 2. There are a few of us and our names are, of course, unimportant. We come forth when there are those who are ready to receive Truth and to incorporate it into their living, into the spirit of who they are. And that be you. Until we speak again.