

Your Channeled Reflection

A Chat with Teacher!

January, 2017



Greetings! I am Teacher and I am most pleased to be speaking with you in this manner. For this chat, I would like to talk about the prospects of current events and how you are participating with them. More importantly, I would like to speak with you about your roll in the evolution of the cause and effect as it prepares itself for a mass awakening.

Now you might be wondering how a mass awakening can occur when there is so much violence, hatred, and the removal of beings' ability to decide the cause and effect of their own lives. Yet hear my words.

As many of you are aware, there is a pulse beat that occurs within each moment and within events that are made manifest upon earth. The pulse beat resides in two manners. One of which I have spoken many times, is the pulse beat of taking form and releasing form. That pulse beat occurs always and has occurred innumerable times while you have read these words!

The second pulse beat of which I would speak is that of awakening to sleep, awakening to sleep. And yes, that pulse beat occurs always. Why? The purpose of physicality is to experience awakening while incarnate. Awakening to Truth, awakening to the truth of who you really are, and perhaps more so, awakening to Totality of Being, which is the letting go of the illusion of separation from the whole.

Now in the pulse beat of sleep to awake, sleep to awake, there resides extremes. That is, there are those who awaken to Totality of Being and experience an expanded consciousness that delivers to them a type of bliss or freedom from the illusion.

Also within that pulse beat is sleep and its extreme. That is, the belief that one is in control of others, that one is separate from the whole and better than the whole, and that there is only one way to experience truth, your way. Now that might seem to be a blatant attack on certain beliefs, but that is not my intent.

You see, when we are speaking of the mass awakening, we are speaking of journeying from the extreme of sleep, where there is at times no hope and where despair cradles the spirit or soul; journeying to an awakened state of being, perhaps beginning with the slight shedding of light into the darkness. At times that slight shedding of light disbursts the despair and anchors a type of hope that magnetizes to its fulfillment in varying degrees. Sometimes the fulfillment is a piece of bread for a starving child, and at other times it is the grace of freedom from captivity. At other times the sliver of light into the darkness frees a being from limiting beliefs and allows him or her to dare to search for a different way of being.

In the mass awakening, there are varying degrees of parting of the seas of darkness or sleep and also varying degrees of the flowing forth of the light of truth.

Now we come to those events that have been occurring upon earth. Those horrific events that not only seem to be increasing, but are in fact increasing. And the answer to your question, how can there be a mass awakening going on when there is the increasing of such hatred and violence? Ah! Here we go.



The pulse beat is what it is. There is the dipping into the deepest most dark sleep state - which is made manifest in many ways from being the perpetrator to being the victim. And there is the expanding into the lightest of the light, releasing into the freedom of knowing truth and its wholeness of being, One Being.

This pulse beat continues until the last being is residing in the awakened state, the freedom from the illusion of separation from the whole and the freedom to reside in the truth that all beings are One Being.

Now with all that is occurring, it might seem that such an awakening is either impossible or very far down the road, so to speak. But neither assumption is correct.

The awakening is now. And you are a very big part of it, if you are receiving these words. As you receive these words, I am also celebrating your awakened consciousness and your ability to set aside the illusion of your persona and celebrating further your ability to embrace the truth of One Being.

That is, embrace the truth that all beings are united as one and that there cannot be a separation. Only in the sleep state does the illusion invite and then magnetize beings to believe that they are either masters of all or victims of those masters. The sleep state says that a being is either awake to being lost or asleep to being lost. But lost they are... in the illusion.

Now there is nothing wrong with residing in a human vessel. How else are you to be incarnate? And there is nothing wrong in recognizing that it is impossible for your human vessel to be perfect. Yet, here you are. You are the divine consciousness, or if you prefer, you are the light of lights, the awakened spirit. And that awakened spirit is residing within a journey, a journey that demonstrates itself in the pulse beat of sleep to awake, sleep to awake. And because you have and are experiencing the awake state of being, your dipping into sleep is becoming ever so slight. And perhaps only in retrospect of the previous day do you recognize little dips into the illusion of separation from the whole, where you believed you were so different from others that the truth that you are all one being escaped your consciousness. And that awareness, that retrospective awareness brings you right into a more awakened manner of experience this journey.

Then! Here we are and I am asking you to remember that each time that you recognize your tiny slip into sleep and then awaken to recognizing it, you are changing the nature of the entire mass consciousness' experience of the pulse beat of sleep to awake, sleep to awake.

Now you are not becoming more aware within your own journey so that you will affect the mass consciousness.

You are proceeding in this manner in order to give to yourself the delight in knowing truth and wholeness of being, the recognizing and experiencing of which gives to you a most delightful fulfillment in the moment.

You are then residing in the experience of fulfillment of being and within that fulfillment do the seas of your cause and effect part and the synchronistic events multiply and form themselves for you so that your journey is more and more giving of that deep inner joy, which is the manifesting of truth within your human vessel. Yes, you are doing this all for yourself, even when you are serving others and assisting others. Fulfillment.

Now in the midst of all that is occurring in physicality on earth, there is a tendency to focus on the sleep and its horrors. And I am not asking you to turn a blind eye to it all. What am I asking you to do? Oh my dears, I am asking you to begin to focus upon the wondrous that are occurring... in your own life. The small examples of light in the dark, the tiny breath that is caressing your cheek that tells you that you are loved and cared for, the smile from your face when you see something or someone that reminds you that you are all connected and it can be wonderful.

When you focus on the gifts, when you focus on the beauty, when you focus within gratitude for your every step, you are then choosing. What are you choosing? Well my dears, you are choosing to remain awake. Yes, it is that simple.

When you hear of or read or listen to reporting of events of horrors, pause for a moment and love everyone. Yes, that might seem difficult if one of the everyone is a perpetrator in a most horrific manner. Yet that being is lost. That being is of the whole, just as you are, just as everything is of the whole. Then, keeping that in mind, my dears, dare. Dare to step back from the cause and effect and breathe your love upon all beings concerned.

Yes, I realize that if such an event has affected you personally, it might take some time for you to be able to do this. The time is dedicated to experiencing pain, embracing and recognizing loss of lives, and weeping in mourning. All beings mourn with you. And the love that those who can and do breathe forth, assists you to do the same. You can do this, my dears. There are examples every day of those who can and do breathe forth love even to those asleep ones who are trapped in the horrors of the illusion, and believe they must hate and harm. They are so very lost.

And while it is tempting to enter into hate, it is also uplifting and freeing to enter into not



forgiveness, but into the truth that all beings are One Being; and it is then that you can breathe forth even a tiny breath of love for everyone, for your lost loved ones and for the others. And that tiny breath begins your freedom from the depths of despair and opens the portal to your salvation from the painful cause and effect.

One tiny breath. And then another and another. A breath of love upon all beings. And then comes the remembering of One, of totality of being. And then there is the automatic letting go of the illusion that we are separate from anyone, that all beings hold within them the spark of the life force that flows forth from the Divine Breath, the Spark of Creation... of One Being taking form as the many. Yet One Being is.

There are many spirit beings who are assisting you during this time of mass awakening, my dears. All you would do would be to ask and assistance is there for you. I am here for you. I am Teacher and I am most pleased to not only be speaking with you, but to be ready to assist you in all ways possible.

You are most delightful. I think of you as the holiness itself taking form within the awakened consciousness, residing in a human vessel and daring to remember who you really are. I am most proud of you. You are amazing in this journey. You have come a long way. I reach out my light to you and embrace you and hold you within it that you can continue to remember that you are of One Being... taking form as the many... yet One Being... wholeness of being.

Let your mind free from trying to figure out what that means, and invite your glorious expanded consciousness to simply reside within truth.

Until we speak again, I am Teacher.

