



# *Expanded Consciousness*

## *An Invitation...*

*Through the many open doors* which your journey delivers to your steppings, there comes forth those times when you can hardly believe what is occurring. And, beloved ones, it is at that time that we encourage you... greatly encourage you to know that this moment and the occurrences are all unfolding for the betterment of you and the love of your fulfillment.

As you have journeyed within your lively vibrations, there have been many challenges that have called you to be courageous, to be loving when you wanted to hide from those who might not easily receive your love, and to be self-caring even when those about you required more care than perhaps you were able to give.

Yet we are here within this moment to give to you those statements of truth that you might be able to breathe deeply and to let go of your attachments to the past struggles, even when the past struggles might be of what you call yesterday.

When you decide to let go of the past and all of its difficulties, you are also letting go of those needs to remain in a seeming staid manner; that manner being one of waiting for the next difficulty; that manner being one that asks you to breathe but not deeply, to open but not too wide, and to laugh but not too loudly lest... lest what? Lest the difficulties return and you are unprepared.

And what is your preparation but to refuse to live in the present moment, to refuse to open as wide as you possibly can... for the fulfillment that awaits your ready. And, our beloved ones, there is no blame for anything that you might be doing or not doing.

You are and have been journeying, slogging through the patterns of the olde ways and the residue of survival's pain and suffering. You have been successfully facing the new direction and daring to say "yes" to your own fulfillment.

And now, here you are, right in this moment, receiving these words... our words to you, saying, beseeching, inviting you to dare once again.

This daring is one of letting go of the past and its struggles.

This daring is one of letting go of interpreting any occurrence, any unexpected event as part of perhaps another tragedy or grave difficulty.

This daring is one of changing the manner in which you interpret this moment... and all moments.

And, beloved one, this daring envelopes you with soft, gentle love and its inner knowing which fills you with peace and joy... that peace and joy that you knew long ago, perhaps even before your very first stepping.

We invite you, ask you, to dare to view everything as the beginning of a great change, one that will give to you the new avenue, the new pathway upon

which you will discover your deep inner fulfillment... that fulfillment that you have tucked away lest survival change its delight and sparkle.

Hear these words: the time is now. The change is for your benefit.

The new occurrence is formed to fit your steppings... and all you would do would be to recognize this truth and to participate within it.

Refuse, beloved ones, refuse to interpret the moment's change as part of the past.

Refuse to believe that the new occurrences in your life are but another challenge... a challenge to hold on once more, to survive, to struggle, and to despair, to lose hope.

Instead, celebrate! Dare to dance, dare to recognize that you intrinsically know the next beautiful stepping of your journey... and dare to place your feet upon it!

Yes, beloved ones. The time is now. Right now. As you have the phrase: *finally*.

We are with you always... even beyond the end of time. You are always care for, loved, and guided toward your greatest joy and fulfillment. Always.

Until we speak again, we are *Expanded Consciousness...*

