



July ~ 2012
Daily Reflection
With
Merlin!

Well, my dears, let's talk of something practical! This is your friend, Merlin, and I think it's time to get down to what you call *brass tacks*. And the first ingredient in getting practical is to take an objective look at where you are... right now... in your lively journey.

Now you might want to criticize your own steppings; however, that's not exactly what I am suggesting. Firstly, set aside those critical eyes and take a deep breath... and begin by knowing that you are loved throughout the universe, that the one called your Divine Mother holds you ever dear to her heart of hearts, and that there are many spirit beings who are ready to assist you with everything that is beautiful and helpful to your fulfillment within this current journey.

And you might be in the habit, so to speak, of reading or hearing those words and just skimming over them, as if they are *a given*. Well, they are a given; yet they are the Truth and, more so, they can be – if you choose – the foundation upon which you go forth in this moment of objective viewing and also the foundation for your entire journey.

So then, let's begin with knowing that you are loved. What does that mean? You have had different kinds of experiences of what you call love; yet I'm here to tell you that *this* love is an all-encompassing, ever-lasting, all-embracing of everything about you... even those things that you seem to think you can keep hidden from the knowing of others and perhaps even hidden from your own self.

You see, my dears, you all have a tendency to view yourself and your journey through the eyes of imperfection. You want to be perfect. Why? You have decided that it is your imperfection – what you call your mistakes – that cause you difficulties and that prickly little thing called pain.

But it isn't your imperfections or mistakes that have caused you difficulties. And I'm sure you have a few arguments to try and sway my words toward what you believe to be the truth of it all: that if only you could be more perfect, then you would have a delightful, easy-going, perfectly manifesting life. But I won't be persuaded toward your habit of judging yourself – and others – for the external world's bumpy road!

You see, you are most lovely, just as you are. And I'm not just saying those words. I do wish you would take this moment and think about that,

about the fact that you are most lovely and that you are perceived in this manner throughout the universe. ...That you journey forth each day and within your stepplings do you hold within the very fabric of your being, those patterns and encodings of Truth; and that the more that you awaken and let go of your preconceived manners of judgment of self, the more that you are able to incarnate Truth... is a great celebration throughout the entire universe.

You do know that you hold within yourself those encodings that express Truth beyond words, do you not? And do you recognize that such holding within the fabric of your being is no small feat? The very fact that you can receive these words and perhaps shrug your shoulders, thinking, *“Ok, so I hold within me those encodings...now what?”* is proof of these words, my dears!

There are those who would not be able to maintain physicality if they did hold those patterns, encodings, and vibrational frequencies of Truth. Did you know that? Yet you are able to not only remain incarnate, you are able to learn, to grow, to expand your own consciousness, and then to incarnate more and more of that called Truth! You are magnificent!

That’s not why you are loved, however. You are loved for who you are as you have developed your own identity within this journey. You have dared to enter into the world of illusion and distortion, and you have dared to hold on to the Truth that you are of the whole, that you are more than one being but are THE one being; and you have dared to continue to journey forth, even when the road has become bumpy and the air that you breathe has become less-than-sweet.

That you have trudged through difficult times has not gone unnoticed; but has been wept upon as those who observe have waited for your request for assistance. And when you finally looked up into the sky and beyond, searching for those who would give some evidence of their presence, and when you whispered – and yelled, at times – beseeching for assistance; did they then celebrate your invitation to participate in a different unfolding of your journey’s cause and effect. And it is then that those ones in spirit form did breathe a breath forth to lighten your burdens, to transform the difficulties into ease of living, and to remind you that you are loved.

Then within this foundation of objective viewing, perhaps we can agree that the Truth that you are loved, that you are celebrated for who you are, and that your journey is one of amazing incarnating of Truth... are all ingredients upon which we can go forth to take a look at your life as it is today.

You know that you have an established pattern of thinking about what the worse-case-scenario – as you call it – can occur. Why? Oh my dears, you think of the negative possibilities so that you can avoid pain, avoid difficulties, and perhaps prepare for the failure of your hopes and dreams. And again, I don’t speak of this viewing in a judgmental way. I am simply pointing out to you that when you prepare for failure, it is not that you create it; however, you then refuse to participate with your hopes and dreams through your creative

energies. You refuse to put your all, so to speak, into that which you wish to create. And in truth, your wish to create is but a signal of what would manifest before you, if you would allow it. And how do you allow your fulfillment to manifest before you?

The answer is simple, yet requires action, an action that might seem to be difficult, but is the opposite. This action is easy. When you feel the inner excitement of a dream, a wanting to create, stay right with that feeling. Refuse to look at any reason why your dream might not come true. Refuse.

And the second action, my dears, is to allow your inner knowing to present to you whatever external action or participation is your next step. You see, most of you get an idea and then you take hold of it and figure out how you can make it happen, make it manifest. Now that's not incorrect at all. However, it isn't always successful, is it. No, it is not. Why?

Your inner knowing gives to you any and all action that will assist you to be fulfilled. And the seeming difficulty is in learning how to listen, in learning how to discern your own inner guidance. And if you have never been successful at hearing your own inner guidance, I can say for certain that you haven't really given yourself credit for something that you automatically do, something that you are --- as you have the slang vocabulary -- an *ace* at.

You always hear your own inner guidance, my dears. It's the action part that needs a little fine-tuning. How? When you receive the inner nudge, that is your inner guidance. Next, instead of letting your mind take over... now how does your mind take over? It interprets the guidance as action and it decides just how to take control of the manifesting.

So then, instead of thinking about how to make things happen, the next step in a happier life journey is to, again, allow your inner guidance to give you more of that nudge. Initially, this might feel as though you are on hold, but you are not. You are simply allowing the energies to flow forth, you are simply allowing yourself to be a magnet to the external manifesting, and you are also simply waiting for an inner knowing of what your external action might be.

And you might be thinking, "*And then what?*" And I'm here to tell you that the "*then what*" has already occurred. If you are participating in this manner; that is, feeling the wish or dream fill your conscious knowing, acknowledging the excitement, allowing your inner knowing to fill you with more of what this dream is all about... how it might manifest for you, and then also allowing your inner knowing to guide you toward any action; you will be amazed at what manifests before you.

Perhaps you have already discerned the secret to all of this. It's disengaging the thinking mind's interpretation of what action to take, disengaging the thinking mind's decision to take control and make things happen, and allowing the dream to exist without thinking of the negative possibilities.

So then our objective viewing of your lifely journey, right now in this moment, is one of recognizing that however you are, whoever you have created

yourself to be, and whatever actions with which you have been engaging... are all perfectly -- yes, perfectly – fulfilling... of this moment. You see, they have already occurred, my dears.

And it is with our objective viewing that we learn to reside in the moment and not in the viewing of the past so that we can determine if we are ok, if we are successful, if we are loved, if we are happy, if we are... anything. It is this moment, this one moment that we might call *eternity*, that can give to us, can give to you the Truth: that you are an amazing being, that you are fulfilling your purposes even as you receive these words, and that all fulfillment awaits your allowing of it to be made manifest.

And of course, the allowing does not mean that you are to sit quietly in a cave somewhere and see what happens outside of the cave. Allowing means that you are able to reside in this moment and to recognize that all fulfillment is now. Right now. Right in this breath.

And you might be tempted to say, “Yes, but... *this isn't happening, that isn't happening, I don't have this, I am struggling with that...*” And all of those words would be the truth. The truth of what? The truth of your deciding that this beautiful, freshly, newly created moment is a result of your interpretations of what occurred yesterday and the day before. The “yes, but” are correct only if you agree that your past creates this moment. Humm...

Perhaps that is enough upon which to reflect? And in your reflecting, I urge you to place first the Truth that you are deeply loved... loved beyond your interpretation of what is love. Your very essence is held in the arms of deep expanded beautiful love.

This is your friend, *Merlin!* My dears, I am most proud of you!

