

Daily Reflection June 2013



Greetings! We are Seven Teachers who come forth to speak with those beings who reside upon earth and are choosing to expand their consciousness in such a way that they will reside in a manner that will hold those energies within which reside the awakening of all of humanity.

And though everything about which we would like to speak to you cannot be stated in these few words, we choose to begin in this manner.

Firstly, we would say that you know who you are. You know if you are to hear these words and take them to your inner-most being, to allow them to reside therein and then to allow the changes in your vibrational frequencies as a direct result of expanded Truth merging with that which is called *you*.

You know who you are... if the compassion that you hold for those who continue to suffer, for those who reach forth for help but simultaneously refuse to change; if the compassion that you hold for those children who cry out for their mothers; if the compassion that you hold for those ones who effort to be holy whilst being told that they will never be holy enough; and if the compassion... that you hold for those you love, even when they believe that you are most strange for the beliefs that you reside within... is the compassion of the great ones who love... simply because they must. If you love, simply because you must, then you know that you are meant to hear these words.

You know who you are... if there is something inside of you, a message, an inner knowing, a feeling that cannot be denied... that tells you that there is something magnificent occurring and that you are definitely a part of it.

You know who you are... if you yearn for your inner peace to manifest outward that the entirety of humanity might feel and know peace within the

fabric of their conscious knowing.

And, our beloved ones, you know who you are if you are reading these words and wanting to discover what we will actually say to you. And what we will actually say to you was written and spoken long long ago and does reside within you.



And our speaking is the calling forth of that which is already of you... that you might change once again, adjust your frequencies once again, and be able to incorporate Truth in its pure form. You are ready, our beloved ones. You are ready. Now is the time. And we are here, as we did say that we would come forth to assist you to be the Truth itself and to vibrate in your most fulfilled manner.

For, is it not true that you also yearn for a fulfillment that flows forth from within, a type of fulfillment that breathes itself through your entire being and settles within the pulse beat of your own forming? Is it not true that you are yearning for that sigh... perhaps you call it a sigh of relief, relief from struggle, relief from trying hard, or perhaps a simple relief in experiencing that which you knew all along would come and be. Truth.

And here we are to speak these words to you. We would say to you that there are those who have come before you. There are those who have received expanded consciousness truths and vibrational frequencies and are now anchoring them within your physicality, that you might now be able to receive and then to anchor. And then, there will be others who will also be able to receive because you are anchoring these Truths and frequencies. And on and on the journey continues until all... all beings everywhere are residing within that deep sigh.

Then we will begin in this manner.~

The First Truth that we will speak with you is one that you believe you already know. Yet we will speak in a deeper manner, calling forth the totality of this Truth. It is this.

The All takes form as everything and everyone. Now you will most decidedly think that you already know this to be true. Yet we say to you, your mind's knowing and your spirit's conscious recognizing of Truth are two different ways of incarnating this Truth. You have already begun by allowing your mind to accept the Truth that the All flows forth and takes form as everything. Here is the more.



The All flows forth and becomes the One Breath, the breath that all beings breathe. This does not mean that your breath is *like* another's breath. It does mean that your breath and all beings' breath are one in the same. Do you see? There is only One Breath. The All flows forth and breathes itself into physicality and in so doing, creates the One Breath that all beings and all creatures breathe into their being.

The Second Truth is that the One Breath holds within it the *Nature* of the Life Force. What does that mean? This is the full statement of the Second Truth that we speak with you.

The Spark of Creation causes the All to flow forth and become. The *flowing forth* of the All is the creation of the One Breath. That is to say, when the All flows forth, the One Breath is naturally and completely birthed.

Within the One Breath resides the Spark of Creation which holds consciousness. The consciousness within the One Breath determines the nature of the formings of the All. That is, the consciousness within the One Breath determines the forming of all beings. And it is the flowing forth of the fulfillment of that purpose that the One Breath and the All form as all beings. One Breath. One Being taking form as the many. That is to say, there is only One Being. Just as there is One Breath flowing within and without that One Being.

The next Statement of Truth is this. The One Being then breathes forth the same determining, the forming of all beings. Why? Because the One Being and the One Breath are united in the fulfillment of purpose, the

purpose of flowing forth and forming all beings. Then, the One Being becomes many beings. The One Being then takes form as All Beings. And the One Breath breathes itself through All Beings.



Now we will pause and allow those Truths to adjust themselves within your being. Remember that it is not your mind that will receive these Truths. More so, it is your entire being that allows the calling forth of that which resides within you. Your mind will try to comprehend what are the meanings of the Truths. Your mind might try to fit such a comprehending into its already-established beliefs. Yet it will not be able to make such a fitting occur. After your electromagnetic frequencies align themselves with the Truth that is called forth from the fabric of your being, it is then that your mind will begin — little by little — to grasp the deeper meaning of these Truths. Be gentle with your mind. Allow yourself to be a little confused. Receiving these Truths might feel as though what is released is like a whisp in the wind that you cannot quite grasp. But you will... you will more than grasp the meaning, our beloved beings. You will resonate and thrive within them.

The next Truth that we would speak is this. All steppings are One Stepping within One Journey. Your mind might be able to think of how this is possible, perhaps as a story in a spiritual book. Yet we say to you, this is not quite a story. It is the absolute Truth. Every stepping in every journey is the same stepping.

You might be wondering how this can be, especially because there are so many beings upon earth and each one has his or her own journey, own fulfillment of purpose, own hopes and dreams. And while you might be able to convince yourself of those statements, the Truth continues to remain that your steppings within your own what you call *personal* journey are the very same steppings as all beings, as every single other being.

Remember, there is One Breath through One Being who takes form as

All Beings. Yet there remains One Being... and the One Stepping, the One Journey.

The next Truth is this. All journeys are the One Journey and the One Purpose of the One Journey is this: the conscious remembrance of these Truths. The Conscious Knowing of Truth whilst incarnate is the Return to One, the Return to Home. Truth is Home.



Beloved Beings, you are here to continue to awaken until you are able to allow the expanded truths to reside within your being, to move about within your conscious knowing until they are able to align your system, to align your electromagnetic frequencies in such a way that you become totally conscious of Truth itself, that you are incarnate, residing within human nature, and you are awake to the Truth that you are All Beings, that you are the One Being, the One Breath, within the One Journey and the One Stepping.

And when this occurs, beloved ones, you are then participating directly with Creation. And that is why you are here. Truly. You have been playing with Creation, trying to discover its secrets, playing with manifesting. Why? The answer is that you intrinsically know your real purpose and you have been reaching toward its fulfillment... always.

And now we say to you, if you have received [read] these words, we encourage you to receive them again and again. Each time that you receive these Truths will you assist your entire system to adjust and align. You have called this *becoming who you really are*.

We celebrate you and your dedicated, continued choice to expand your consciousness, to continue to awaken to Truth, and to anchor all that you receive. For, when one being receives and integrates Truth, all beings receive and integrate Truth. Yes.

We look forward to speaking with you again. You are most amazing beings. And when we say those words, again we say, you know who you are.

Until we speak again, we are the Seven Teachers.