

## *Daily Reflection for May, 2015*

### *With Teacher!*



Greetings. I am Teacher and I come forth to speak with you, those of you who are not only awake, but also those of you who have placed yourself upon the pathway to a more expanded manner of living and being, more in tune with who really are. Ah! Having spoken those words, I would like to also speak with you about the Core of Creation and what that is all about as it relates to who you are and how your fulfillment is made manifest... made manifest right now.

First of all, you might want to know exactly what is the Core of Creation. And though words will not allow me to tell you *exactly* what is the Core of Creation, I believe we can together come quite close to a way of speaking that will guide you toward a deeper understanding... of everything.

As the All That Is flows forth to take form, from where does it flow forth? Have you wondered about that? You see, there is what is called Totality of Being and Totality of Being is everything residing as One, without form; energy, encodings, patterns, electromagnetic frequencies all residing in One Mass: Totality of Being.

Now there is also that which is called the Nothing, where there is no form, no pattern, no encodings, nothing 'cept... 'cept what? The substance of that which has no identity, no identifying manners. It is called the Nothingness.

Now there is the pulse beat of the universe. What is that? Well, my dears, it is the breathing forth through Totality of Being. Where does the breath come from, you might ask. Good for you, if you did! The breath actually is what occurs when the nothingness reaches what is called a vacuum and when that occurs, in the very next millisecond there is a releasing of that vacuum. In the releasing of that vacuum is there a pulse beat that occurs within Totality of Being.

Now the pulse beat then flows forth through... are you ready? The pulse beat flows forth through the Core of Creation. Yes! That is to say, the Totality of Being then flows forth within the pulse beat and through the Core of Creation. With me so far? Good.

Let's talk a bit about the Core of Creation. Within the Core of Creation reside the patterns and encodings of everything that has ever been created. You might say that it is a bit like

what you call the Akashic Records, yet there is no separation, no delineation of time or events. Everything is simply flowing together, all the patterns of everything that has ever been created, ever taken form, ever been... reside within the Core of Creation.

Then the pulse beat, the breathing forth as a direct result of the releasing of the vacuum within the Nothingness, breathes forth and into the Totality of Being, causing it to flow forth through the Core of Creation... and what? And take form! Yes! Now I wish you would reflect upon that fact for a moment... and then we will continue.

Once the vacuum has been released there is then what is called the breathing in. What do I mean by that? As the Totality of Being -- or you might call this the All That Is -- flows forth through the Core of Creation to take form, that flowing forth continues until the breathing in occurs. Can I explain that more? That is just what I am going to do.

The moment that the All That Is takes form -- as everything including you -- that form is released and flows back to the Core of Creation, deposits the encodings of all that has been formed within the Core of Creation thus releasing the creation itself, and then flows into the All as it resides in Totality of Being. The vacuum within the Nothingness having been released, the breathing in then continues and the energies -- without patterns of forming -- flow into that Nothingness. This continues until the nothingness begins again to form a vacuum, which as you can surmise, then releases itself and becomes the very next breath.

Now all of this occurs in less than a millisecond, my dears. It occurs as if in another dimension of being; that means that right in this moment you have taken form and released from more times than you can count in a minute. You are, in truth, always releasing form and taking form. Everything is. Everything.

The wonderful Core of Creation is the receptacle of the patterns and encodings of all that has been created, all that has also taken form, including you.

Now there is something that I believe you would like to know about this entire process. And the "something" is the part that your consciousness plays in the taking form of you, of your bodies physical, mental, spiritual. As the breathing forth flows through the Core of Creation, gathering to itself the patterns and encodings that comprise everything, and that comprise you, there is a moment wherein the pristine patterns present themselves for forming. What does that mean? Oh, I believe you are going to enjoy this part of this little talk that we are having together!

Within the moment of forming, within the moment wherein the pristine patterns and encodings present themselves, there is a mini-millisecond when your consciousness, your choices, your clarity of being, your intent all play an important part in that mini-millisecond. You see, my dears, it is then that all the letting go that you have accomplished takes effect and gives to you the beautiful results of your spiritual awakenings.

In that mini-millisecond your choice to release the need to control, to squeeze your fulfillment out of the process so that you can experience fulfillment of being – and let's be clear now that the primary reason that you try to manifest rests upon fear. And what is the fear, my dears? It is the fear that you will not be fulfilled, that whatever is the pristine nature of that which you are will actually not be good enough, not be fulfilling enough, not enough. Now doesn't that seem to be not only foolish, but a bit insane?

Think about it. You have done very well in letting go of trying to make manifest through your limited human consciousness those manners that would, you were certain, fulfill you more and more and more. And bravo to you for letting go of all of that! Bravo to you for recognizing that there was something missing in that process of trying to squeeze fulfillment out of a procedure. That the harder you tried, the less was made manifest according to your wishes. And one day – a glorious day – you gave up. You decided that all of that efforting wasn't working. Again, I say Bravo to that day.

Now I am here to tell you that your pristine nature awaits your permission to come forth and take form; that is, upon the breathing forth of the Totality of Being through the Core of Creation where it gathers those patterns and encodings wanting to take form again and again, there is a moment where your survival encodings are usurped by your pristine nature. It is a glorious moment.

And within that moment, the more that you have let go, the more that you have allowed your fulfillment of being to be made manifest in its most perfect manner; the more then that your pristine nature can form itself... as you, for you in all manners. Ah! I would like you to reflect upon that, my dears.

You see, my dears, the Core of Creation holds the patterns and encodings of this you, this you who is receiving these words, this you just as you are; and the Core of Creation also holds those patterns and encodings of your pristine nature, the pristine nature of which you took form the very first time that you formed within physicality. The pristine

nature holds within it, perfect health and well-being. You see? The pristine nature holds within it every fulfillment of being. Every.

Now here is the final part of this little talk what we are having. Firstly, don't try to grab on to all of this with your mind. Instead, just allow the truth to flow through you. You will have a better time of it then.

All of these words and these electromagnetic frequencies that I bring to you culminate in this little fact that I am so very pleased to bring to you. It is this.

Everything is designed to form as you, for you. Everything that takes form is waiting for permission to release survival's developed patterns and encodings, and to flow forth once again in its pristine nature.

It is now time for you to allow this to happen. Now how do you do that? It is easy. Firstly, there is a *giving up* involved. What do I mean? I mean that the giving up that you would need to participate within is the giving up of trying to be prepared for the worse to happen, the giving up of seeing the negative in any situation lest it surprise you, the giving up of closing off to certain people lest you be hurt again, the giving up of criticizing those you love, even if it is only within your thinking mind. That all means that you are being asked to give up participating with the residue of survival's grasp.

Next, there is the daring to believe that your fulfillment is just waiting for you to say, "Okay, I accept my total fulfillment now in whatever form is best for it to be made manifest." You see how you are then giving up your reserved control? Do you feel the difference?

Some beings feel that they cannot give up control. That is understandable. You have been trying to make a go of it for a very long time. Yet it really hasn't worked for you, has it? Has all of your struggling brought you freedom from struggles? No? Humm. Ready to dare to give this a try?

How do you give this a try? Easy. Stop trying to make things happen. Allow. Watch. Be grateful for everything until you know why everything is occurring for your benefit. Choose, Choose to let go of negativity and expectation of disappointment. Dare to do that, my dears. Dare to let go of your cynicism. Dare to let go of seeing anyone as lesser than or greater than. There is no lesser than. There is no greater than. Neither exists. Isn't that interesting?

My dears, bring yourself right into this moment by letting go of regrets of the past and trying to force manifestation in the future. Begin this moment to live right here, right now, being grateful for everything. Oh I know I have already said those words, but I believe they bear repeating.

Practice.. Practice living in this moment. Practice realizing that in this moment, you have more than enough of everything. More than enough. Practice gratitude. Practice viewing the world's beauty with wonder. Practice loving... everyone.

My dears, now is the moment, now is the time when you can begin to experience your glorious pristine nature as it takes form as you, for you. This is not a bunch of empty words! The action that you take all rests upon giving up that olde, very olde, fear. You can do this, my dears. I know that you can... simply because you are calling forth these words and this teaching.

I will speak more with you upon this topic and many other topics; yet for now, I will simply say that the more that you receive these words, again and again, the more you will begin to know -- rather than understand -- the full meaning of truth made manifest.

I have deep love for you, my dear beings. Until we speak again, I am Teacher.

