

November Channeled Reflection With Merlin!

Hello Friends! I was sauntering through some of my past channelings and found this speaking from Merlin that was published in the 2009 ezine, Cosmic Light-house. I hope you enjoy Merlin's invitation!

- Miriandra

Merlin:

My Dear Friends, you can go through your life as if you are reaching into a grab bag of sorts, not sure exactly what you will get when you pull your hand out; or — and I know I now have your attention — or you can begin at the beginning.

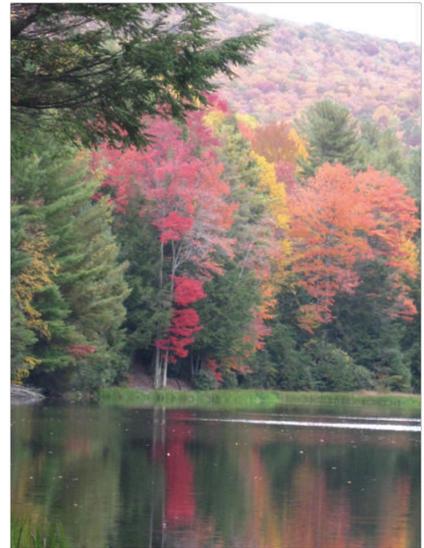
That is, you can begin inside of your own self. Firstly by getting to know yourself. Oh, I'm not speaking of the you who you've developed in response to expectations – expectations from family, from your work, from friends, or from the world. I'm speaking of the real thing. The you that is just hanging around inside of your great consciousness, waiting for you to dare to set aside the play that you've been living in, the drama that has captured your attention, and the fears that lay hidden but continue to control your choice, action or reaction.

Yes, you are there. Right inside of that you who is reading these words. Now I'm Merlin and I happen to have a fondness for that you who is waiting around for some conscious attention. I happen to believe that the real you is superb.

So why not take a few minutes and set aside who you've become, set aside who you believe you are... and then, take a deep breath and begin your exploration, your journey, your connection with the real thing. Oh yes, you're probably saying, "How do I do that?" But I'm here to tell you that no one knows you better than you. You are the one who creates that pathway and the connection, the all important connection between your conscious knowing and the real you.

You might think of "how to do this" as you, standing at the beginning of a path, and there at the end of the path is something you want to see, to know, to discover. So you begin walking. You know the direction because you know your destination. Oh you might discover some parts of who you have become, parts that you're not too happy with, but that's all right. That might be what this is all about.

Just keep journeying toward the real you. Go deeper and deeper inside. Maybe you are traveling through your memories of the past, recognizing how you were, how you presented yourself to yourself and others; and maybe as you go back and back, you begin to remember something. Maybe that something is a feeling or something that you really enjoyed... as a boy or as a girl.



Maybe that something lives inside of a happening that was so very special you kept it in your treasured memories and now it's time to take it out and really drink your fill of what was so special.

You see, it's not that the event was so special. It is that you felt inside of yourself a type of magic, something you really couldn't identify. It wasn't quite love, or happiness; though both might be ingredients in the memory. Now I'm here to tell you. That special, magical something is the real you. And when you journey in your reflecting back to those times or to one time, and release that feeling within the memory, you are – right in that moment – discovering the essence of the real you: a magical, splendid being.

Why not give it a try? Of course I am most fond of you in all respects, exactly as you are or as you discover yourself to be; but it is the discovery that will give you a real kick. Isn't that a phrase that you have? Perhaps I would say the words a little differently... the discovery of your real essence will be the best nourishment you have had in years... maybe lifetimes.

So I say again, why not give it a try?

—I am Merlin