

Reflection for June with Teacher
Fulfillment of Spirit



Greetings! I am Teacher and I come forth to speak with you, with all who would receive these words. For there comes that moment when all beings recognize that there is no time like the present for filling spirit of being with truth and more so, with the knowing of fulfillment of being. So then what is fulfillment of being anyway? That's what I'd like to speak about... just for these few moments.

Now you have perhaps received many teachings on fulfillment and how to manifest fulfillment. Perhaps I, Teacher, have spoken such teachings as well. Yet now there is a deeper requirement for all beings, a deeper knowing of fulfillment of spirit. You see, my dear, your fulfillment is...already. And it is your yearning for deep fulfillment that calls to you to recognize that all that is made manifest for you rests upon choice.

Now choice is relative, of course, yet when it refers to deep fulfillment of spirit, there is one choice. It is to recognize that you are the All taking form and the All holds within it everything, every fulfillment possible. Then when you place your thinking, your heart energies, and your feeling of what that fulfillment would be, then you are actually clearing the way for that fulfillment to be made manifest in physicality. That is, actually, how physicality is made manifest before you.

So then, without getting in to how to make manifest a new car, a new house, more money, let's continue on the topic of *fulfillment of spirit*. What is that fulfillment? Is it not that deep sigh within your being, the sigh that knows that you are cared for, knows that you are loved, knows that all that you desire or yearn for is who you already are? Yes.

You see, in this one moment, if you were to take a few deep breaths and reflect upon your deep inner fulfillment, reflect upon what your spirit is wanting to call forth from the very fabric of its beingness? What is it? I can tell you or I can suggest different answers, yet it is for you to do this. Now is the time for all beings to cease from asking others to tell them what is their fulfillment, what is their dream, what is their heart's desire.

Now is the time to set side expectations that we have taken to ourselves, expectations that perhaps others — parents, friends, teachers, the news, programs, religions — have given to us and we have, for some reason, accepted them without question. Yes, now is the time to pay attention to what we have accepted from other sources. Perhaps those expectations guided us in positive ways...or not. Yet as I have been saying, now is the time, in this exact moment when each being can begin to set aside those parameters and to ask oneself *what is it that I, deep inside of my being, yearn for? What is my dream? What is my heart's desire?*

And if there is not yet an answer for those questions, then that simply means that you are getting honest with yourself. You don't know. That is a good answer, my dears. Next there is continuing to ask yourself, perhaps each day, *who am I to myself? What is my soul purpose?* And then, in a quiet time, *I ask my inner beingness to flow forth and fill*

my knowing of all that I am to know in this moment. Then wait. Don't try to squeeze out the answer with your thinking mind. Just wait and allow.

Perhaps a tiny thread will begin to flow forth, perhaps a happy memory, perhaps a song, perhaps an old wish from long ago. Just allow whatever your inner beingness gives to you and then to actually receive it. You don't have to interpret anything. Just receive and allow that inner knowing to become real. In this way, my dears, you are becoming real to your own self, you are setting aside outside parameters to your being, to your vision of who you are, and you are daring to know that answers to all of those questions.

The real you is. There's not absence of the real you. The beautiful, strong, capable, gentle, loving, kind, creative, courageous real you is... already. Totality of being is. Totality of being makes itself manifest in every way possible. You are one of those ways. And it is your choice that determines *who you are to your own self. This is the seat of real fulfillment of spirit. Who you are to your own self.* That inner knowing is who you are, flowing forth to fill your consciousness with the more of who you are.

Long ago you knew the answers to all of those questions. Long ago you walked the earth within the consciousness of totality of being. And that manner, that experience, that expression of yourself incarnate still resides. It is who you are and continue to be. The rest is illusion, a projected illusion that you have consciously or unconsciously taken to be the real you and the real journey.

Ah! The real you is a magnificent being, divine in nature and holy in breath. Always are you this. And always can you set aside the illusion and allow that real you to flow forth for your expression in this journey. This is your gift to yourself and this is the gift to humanity, a gift to the universe. The real you made manifest consciously is your glorious dance, my dears, and that dance is called *fulfillment of spirit.* Yes.

All right now, take a deep breath and perhaps allow that calling forth of these words to fill you, to embrace you, and perhaps to encourage you to know the truth of who you are. It is my great pleasure to flow forth and speak with you.

Until we speak again, I am Teacher and speak the words so be it.

So be it.