

## August Daily Reflection with Teacher!

Greetings lovely beings, greetings to you! I am Teacher and I come forth to have a little chat so that we can merge together and also so that we can come to a more expanded consciousness of what is truth and what has been portrayed to be truth. So then, let us begin!

You see, my dear ones, there is something that occurs within all beings. And that something is interpretation. Now there's nothing wrong with interpretation, of course. It is part of daily living incarnate. Yet. Yes, there is a very big yet. It's this.

Just as you have perhaps discovered, when you are having a vision or when you are receiving guidance, the best way to receive is just that, to receive. The moment that you begin to what you call put a spin on what you are receiving, then you are in fact stopping the flowing and changing the frequencies of the message or vision. You are what? You are placing your human interpretation within that guidance or vision. For example, you might have a vision of a waterfall or a river. Your thinking mind has many different scenarios involved with water and that thinking mind wants to get right in there and make that vision mean something spectacular. And it does just that, it says perhaps, "Oh, flowing water! That means that I will be..." and you can fill in the blank because it will have nothing to do with the vision. Nothing at all. Why?

Well, my dears, if your thinking mind held the answers, then why would you seek guidance or open to a vision? Remember, the thinking mind is a wonderful part of that human nature. Yet the thinking mind holds within it certain beliefs, patterns and of course... here it is... interpretations, especially interpretations that have a significant meaning. Now again, there's nothing wrong with significant meanings. Yet in seeking guidance, there is just what I began with. The receiving. So then, it is quite beneficial to practice receiving what is given... without any projected interpretation... yet.

In fact, it would be most beneficial to write down your guidance or vision... as you receive it, and let it sit for a day or two. This allows your thinking mind to rest from wanting to jump right in there. Now what exactly am I speaking of. Well, if you have a vision of a being who is wearing a heavy coat and leaning in to another who has his or her arm around that one with the coat, what would you guess was occurring? Many different scenarios come to mind. One is troubled, one is cold, one is comforting. But that is all supposition, all interpretation. When you stick to the facts, especially while receiving a vision, *then the vision can continue and not mold itself to your projected interpretation.* You see? Then, my dears, perhaps the greatest message of your guidance can flow forth for you.

Now the same is true with interpreting histories, perhaps histories of great civilizations. There are many who believe they have the take on those civilizations, have the facts, so to speak. And perhaps they do. But what if there is more? What if the greatest part of what is flowing forth is yet to come? Then it would seem beneficial to allow that unknown to unfold itself and to become revealed. You see, just because the histories are seemingly in the past does not mean that they are staid. All histories are but frequencies flowing forth in a myriad of ways to perhaps find a receiver. And like the guidance that we have been speaking of, then the histories would seem to flow forth more easily and completely if the receivers were just that, receivers.

What does all this mean? Well, there are many interpretations and seemingly concrete interpretations of not only the past, but also who you are as humans, what species you originate from, and more so, what abilities you must have in order to expand your consciousness in a way that will allow you to access another dimension. But what if that all isn't quite "right on"? What if you don't have to be a certain way? What if you don't have to meditate in a certain way? What if your frequencies are perfect just as they are? What if you, whoever you are to your own self, are enough... as you are?

Now this doesn't mean that there aren't different frequencies revealing themselves upon earth now. This doesn't mean that there aren't those who are of different frequencies who are here to assist all beings to uplift and to be residing in the vibration and frequency of truth. Yet that frequency and vibration of truth is just that. It isn't really words, it really isn't dogma, and it really isn't a way that you must be in order to... what? You see?

There is a transformation that is occurring right now, right in this minute. And perhaps it is for all beings to remember that as you are receiving these words, you are doing just the perfect thing for this moment. There are plenty of teachings that tell you that you can become more of who you really are by doing certain things, participating with certain practices. That is true. Yet the foundation of all of that is the real you. For, who is entering into those practices if it isn't the real you? Then the conclusion must be that you are simply expanding your awareness of the more of who you are. And the more of who you are is all part of this transformation, a transformation that is covering the entire earth and all of its beings.

Now some might say that this chaos that resides upon the earth currently is a horrible thing. But is it? Who decided that? Who is interpreting what is occurring and what are they focusing on? You see? What if they are focusing on those gatherings of beings who hold love in their heart and radiate outward that love?

What if those ones who tell us what is occurring upon earth would focus on peace? You know, the inner peace that lives within each and every being. You see, it must. Peace must reside within all beings because we are all one. One. Then if we give ourselves permission to reside in that peace and know that in doing so, we are merging with the peace that resides within creation itself, within the all, within all beings as one being, then oh then, what is the interpretation of the present moment upon earth?

I'm certainly not saying to ignore what else is occurring. What I am encouraging you to do is to make your own choices. That is, when you hear of what is occurring, ask yourself what interpretation is being presented, even if the presentation is from what is called a spiritual source, a spiritual program. It is not that the spiritual program is correct or incorrect. I am suggesting that you pay attention and ask yourself to discover what is the source of the information? What is the interpretation? What is it asking you to believe? And, is it a match to who you are to your own self.

You see, my dears, you are lovely lovely beings. You are filled with that strong inner knowing that leads you to pause or to go, that leads you to give to yourself those moments of joy, those moments of love, those moments of peace, and those moments of allowing truth to flow forth for your receiving.

Then, my dears, you are the Ancient Ones incarnate. But that is another story, isn't it. And who knows what interpretation flows forth within that story! However, it might just be a good one.

Then I am Teacher and it is my great pleasure to be speaking with you in this manner.

Until we speak again, I speak the words so be it.

So be it.