

Reflection for October 2025 with Teacher

Greetings! Greetings to All! I am Teacher and I come forth to speak a little chat together. For, every once in a while it seems we all want to check in with each other, as with friends and family, and I find it most comforting to have a chat with you, my dear ones who are residing upon earth during the most tumultuous times.

Now let's begin with those two words *tumultuous times*, shall we? There are many who have spoken of what is occurring, what might occur and what it all means. I am not going to do that. It seems we have enough of that information flowing about. And there is nothing wrong with all of that information. It's just that as humans residing incarnate, it seems that there might be a way to discern what is right on and what is not. So, let's talk about how to do that, shall we?

Long ago when you first stepped upon the firmament, you were thrilled with the beginning of that journey. You had been here before, several eons ago, but you were now stepping as if it was your first time. So, let's think about that and perhaps bring ourselves to that moment. We could pretend that we are just now stepping upon earth for the first time and we are in nature and it is just beautiful. And as you look around and begin to feel what it is like to walk upon the earth, you discover that ... what? You discover that you are actually living inside of a body. And that body is human. This gives you the senses as you look and feel and enjoy testing out this vessel, your body.

Now we could go on and on with this little pretending, but I'd like to step it up a bit. You see, you are here now and there seems to be so much going on, in countries, in politics, in the environment, in just about everything. But one thing is certain. It is that you are a holy being and you are here for a purpose. One of the first purposes is to enjoy being here. Sometimes in the hustle and bustle of living, one does forget about that fact. That you are a holy being. And that you have a reason for being here.

Because you are a holy being, you are able to discern not only the physical cause and effect, but you also have the ability to discern the non-physical. Some of you enjoy that quite a bit. You have conversations with spirit-beings, you have relationships with nature, and you know intrinsically how to nourish that of you that resides within that human vessel. And also because you are a holy being, you have an inner knowingness that, it seems, many do not. Oh they do have an inner knowingness too, but they are not yet awake to it. But you are.

Your inner knowingness tends to place what your human nature feels to be most important on the back burner, so to speak. Why? Because you, the spirit, the holy being, are aware that much occurs in the non-physical before it even approaches the physical. Now you're not interested in predicting what will happen during these moments of inner knowingness. You are simply residing in totality and that totality is big, much bigger than what appears in physicality. Now this doesn't diminish what does appear in physicality. Yet your inner knowingness is aware of what will appear... in the moment.

And that inner knowingness is your holiness incarnate. So then, why are you here with all of this ability and still residing within a human nature that has different needs

than it's spirit-being? For your personal fulfillment, you are here to enjoy. You are here to play. You are here to love. You are here to help those who present themselves in front of you, whether it is to lift them up in spirit, whether it is to assist them with physicality, or whether it is to love them so that they know they are worthy of love. You are here to laugh. You are here to.... Do you see? All of the ways that perhaps you have put on the back burner are ways that you will and do fulfill who you are incarnate. Let's face it. You have finally learned how to say no to the no's and yes to the yeses. And that has been a great relief to you.

You see, as a holy being, there is a tendency to believe that you are here to fix everyone and to fix every situation... simply because you see within your inner knowing how everything could be better...for everyone. And it can. It might seem as though that is impossible with all that is occurring within the chaos, but do not fall into the belief that all is for naught. The blessings are coming, you might say. The relief from struggle is coming. There are those who will be forced to let go of what they have been withholding from you and from the masses, the suffering masses, and there will be much rejoicing. What will your part be in the shiftings? In the rejoicing? Your part, my dears, is to be who you really are. To love, to embrace, to remember that all beings are one being.

It is this truth that saves all that is. All beings are one being. Your human nature doesn't have to try to figure out exactly how that can be, though he or she has some pretty good ideas about all of that, perhaps even scientific proofs, yet the truth remains and when you reside within it, you are given a moment of truth, moment of peace.

You are here to hold this truth incarnate. Totality of being. Wholeness. This proof of Truth is just about to be made manifest. And here you are, placing your steppingstones upon the earth, doing your best to discern what is best for you and those you love, and you are doing what is called great! You are! You have been given a pathway and you are on it. You are fulfilling what you are doing, yet during that fulfilling, you are loving others, you are caring about others, you are sending out positive wonderful frequencies to all... because that is what gives to you that deep inner knowing feeling of peace and love and what is called all the good stuff.

I am perhaps going round and round with this chat, but I wish you to know that in the midst of chaos there is that one moment called eternity. It holds all of the before and all of the after. The in between is what is giving to all beings the opportunity to be who they really are. Be who you are, my dears. Be who you are. Go to Nature and be, be still and allow that inner knowing to fill you to the brim and overflowing. Allow your beauty to present itself to you. Allow yourself to be the holy one sitting in nature and absorbing that frequency that says, All is Well.

Yes, this is a journey and I am not... certainly not saying that everything is peachy keen upon earth. But I am saying that it is not all a mess. There is much that is opening, there are portals that are opening for the assistance of those who wish to assist earth's transformation, there are other holy ones who are sending forth those frequencies that give to humanity an uplifting, and there is more than a small amount

of goodness, of sighs of relief, of daring to step forth upon the earth and remember... remember the first stepping that was filled with delight. Yes, delight can exist in this chaos, my dears.

Refuse to be daunted by what is reported is occurring. Refuse to give up. Refuse to believe that you are a victim to the cause and effect that is chaotic at best. Refuse all of this and place your consciousness in its highest manner and know that not only all is well, but that the transformation is now occurring and you are flowing along within it and your flowing along pulls those ones from the suffering to the light. Your laughter dares them to believe that they can be laughing also. Your love radiates outward and those who are suffering feel it, they are uplifted within it, and they know that there are those who care and who are doing what they can do to reside in the transformation of frequencies. When you be who you are, then others can feel your presence in the incarnate all and that is a gift to all beings. That you are here and awake and radiating those frequencies of truth and love and peace, well my dears, that is what this is all about, isn't it.

I am with you always and give to you a breath of freedom to remember who you are... together we are all transforming and within that transforming resides the uplifting of humanity's journey. Yes, there is so much more to come. The more being the freedom from and freedom to.

Ah! Now you have it, my dears. Remain uplifted. That's a hint of who you are. When you feel downhearted, that is the illusion pulling you to it. Refuse it. Refuse it and remember...remember that you are a holy being. Remember that your inner knowing is greater than any chaos. Remember truth. You have heard the words before, I am certain: *distortion cannot stand in the face of Truth. You are the Truth.*

Ah well, my dears, perhaps that is enough to reflect upon... I am most fond of you and wish you to be smiling more than frowning, laughing more than wringing your hands over something that doesn't really exist, and I wish you to know your own inner love. It is magnificent!

Then until we speak again, I am Teacher and I speak the words *so be it*. Perhaps we will speak them together?

So be it.