

Teacher for December Reflection 2025

Greetings my dears! Greetings to you who hold your consciousness in a light-filled manner! I am Teacher and I come forth to have a little chat.

During this time upon earth there are many reasons for beings to celebrate and rejoice. There are those who celebrate the spiritual holidays, there are those who celebrate the gathering of friends and family, there are those who celebrate being alive, and there are those who celebrate the increase of their own power over the earth and its inhabitants. Now all of that is true, is the reality upon this earth Now. So then how shall you and those of light determine what to do and how to bear the truth of what is occurring?

Long long ago there were those who came to earth to cheer the ones who resided here, cheer them toward a manner of living and begin what would give to them a shift in consciousness and then, because of this shift, there would be a type of paradise that would form for them. How and why?

Well, my dears, their consciousness merged with that of the earth and that of nature and together there was an agreement, so to speak. There was a life force that flowed and flowed and that flowing brought from all the earth, nature and the beings, a celebration. What was the celebration? It was of being naturally joyful and loving and kind and also receiving love and joy and kindness. All was as if a full circle of those frequencies.

Now in today's world, as the phrase goes, those same frequencies are flowing forth upon this earth, from nature, and from you and others like you, who know that there is not only hope, but hope-fulfilled. You are a great part of this hope-fulfilled my dears. You see, it cannot be denied that there are many who are suffering greatly upon this earth. Yet I, Teacher, wish you to know that when you sit or be still for a few moments and hold peace and love and light within your consciousness... and THEN... radiate it outward to all beings, then you are bringing that same frequency to the many, the many who are suffering greatly.

Really, what does this do? It has the tendency to heal the spirit, to heal the soul, that of those beings who have nearly given up. Yet they reach out for holiness of being, they reach out for what is called God in many different languages, and they reach out for forgiveness, believing that they have done something wrong to deserve the hateful harshness of their lifely journey. Yet you and I know that they have done nothing wrong. They are the victims of the sleep state and more so, the victims of those who dare to take control of the

hearts and minds of the many. Now when you radiate your love and peace and light outward to all, then you are the Holy Ones, you are the answers to their reaching out. Do you see?

Now with the celebrating upon earth during this month of December, there are many who are doing what you also do. And together, there is a continued uplifting of the consciousness, the whole of consciousness. What does that mean? It means that there is a wave, a great and wonderful wave of Truth from your inner being that radiates outward within those frequencies of love and peace and light, and that Truth stands in the face of the distortion. Now standing in the face of distortion is not your job. You are already doing what you can do, which is great, my dears.

Then that Truth demands the releasing of control and the releasing of subjugation, and the releasing of suffering-determined control, so that all beings can breathe Truth and feel within their spirit that they are not forgotten by the Holy of Holies, that they are held within the Love and Peace of the Holy Ones. You.

Do not allow yourselves to believe that all is for naught. Do not allow yourselves to feel deep compassion for those suffering ones, so deep that it brings your own spirit down instead of uplifting your own spirit to be who you really are. Take a deep breath and together we will all breathe forth that which is your own frequency, your own essence of being, and that breathing forth will assure us that together we are the Holiness of Being and we are at that moment, embracing all beings.

Together, those of Light as yourselves, are the saviors of the suffering's defeat. You are the reaching out of the Holy Hand of Truth to those ones who will grasp it quickly and certainly. You and I, Teacher, and all who breathe forth as I have spoken, are giving and giving and giving, just by sitting quietly and bringing yourselves to peace and then to breathe out that Divine Love that flows through you.

I breathe that breath to you now, for you are beloved beyond earth and beyond the creations of distortion. You are what the earth has been waiting for, for a very long time. And now with the frequencies flowing to earth, you can step into who you really are and participate, as you have always been meant to participate. This then is the changing of the guards, so to speak. It is the shifting of the consciousness of the whole. You. All of you. As you also have the phrase, we are all in this together.

Never underestimate who you are and what you are doing, my dears. I am Teacher and I am with you always, even beyond the end of time.

Now reside in that beautiful peace and allow yourselves to know that Truth is.

Then until we speak again, I am Teacher and I am blessed by knowing of you, of you all.

Then together perhaps we will speak the words so be it.

So be it.