

Reflection for April 2026 with Ra

"You see, my dears, in a manner of speaking, you are not who you think you are."

Greetings! I am Ra and I come forth to speak with you all. Why? Why do I wish to speak with you? I wish to direct your attention to something else, something other than the politics of the governing nations, something else beside the climate challenges, and something else beside the frequencies that are shifting and changing the nature of your earthly experience. I wish to speak with you about who you are.

Now I know that you have had the topic many many times. Yet I wish to speak with you about the history of who you are. Then let's begin.

Those of you who reside within the vessel of a human have been repeating many different scenarios that were developed in a location far from earth. Some of you originated on planets that no longer exist, while others originated in different galaxies far from this current galaxy in which earth resides. You see, my dears, in a manner of speaking, you are not who you think you are. And that is splendid. You needed this human cause and effect that repeated itself through many lifetimes as a foundation for your referencing exactly how to reside in physicality.

You see, your first residing was not in physical form. You came in this galaxy as a spirit-being. Now many of you know this, but some of you do not and that is all right. As a spirit-being, you explored the many locations within this galaxy. Why? You wanted to discover a location where you could explore yet develop the consciousness that you carried with you from your origins. Some of the locations allowed you to do that, while other locations were not compatible to your consciousness. Why? Why were locations not compatible? The frequencies were too slow. You all have originated in very advanced frequencies. This galaxy holds some of the slowest or slowly emerging frequencies. And, of course that is one of the reasons that you came here.

And you all perhaps know the histories of finally residing upon earth and gradually entering the density until you became asleep to who you really are and why you were here. You see, my dears, the density of physicality was like a toy to you. That is, until you played too deep in that density and then you did not remember...anything. And that is the familiar story of the awakening of the sleeping masses upon earth and also the story of your own continued awakening. Most of you who receive these words are awakening. You are not, what I, Ra, might call, awake, fully awake. And that is natural, natural because you are still who you are and are continuing to discover that depth of seeming identity.

Yet in order to have a more complete picture and consciousness of who you are, I, Ra, would like to speak more of your origins. Now you are not all from the same location in the Universe. Yet even that location was a secondary residing. What was your first residing? You resided with the Ancient Ones, those Ancient Ones who reside before

Creation Itself. Now you might be wondering how that can be possible, yet the answer to how that can be possible does not really exist. The Ancient Ones and their residing has been held secret for a very long time and it does not seem to be forthcoming. Yet there you did reside.

The Ancient Ones are a gathering of frequencies that hold within themselves the Truths of all that exists. Because they hold the truths of all that exists, then it is perhaps easy to understand or comprehend that that is where you originated. Truths of all that exists. All that exists includes that of you.

Now that of you, as you were there with the Ancient Ones, was pure. There was no relating to anything called density of matter. All was frequencies that flowed within itself, yet there were times, so to speak, that the flowing gathered itself together and formed a unique frequency. And that unique frequency is how you began to be.

There was a pulse beat to the gathering of frequencies which began the originating of what has been called the taking of form and the releasing of form. Even in physicality there is that pattern that exists. Many of you who receive these words already recognize the pulse beat of Creation Itself. It was within the realm of the Ancient Ones that the frequencies that flowed together there and then parted that the pattern of the pulse beat of taking form and releasing form came to be. It was the Ancient Ones who breathed forth that pulse beat into the gathering of what came to be Creation Itself and its nature of flowing forth through the Spark of Life in order to flow forth again as the All.

So then, as you were beginning to form within the gathering of frequencies, such gathering becoming unique in itself, you received from the Ancient Ones that called a conscious knowing of that which was forming as the spirit of you. Now you were all beings forming, yet you were the forming of the unique frequencies. That, my dears, is your origin.

You are of the Ancient Ones and the frequencies that reside as the Ancient Ones and then the frequencies that the Ancient ones allowed to form and unform. This means that your origins were also before creation itself, before the creating of the All. You are the Breath of Totality of Being, which resided within the frequencies of the Ancient Ones.

Now as you awaken more and more and as your consciousness is able to integrate more expanded frequencies, you are then able to receive this information and to allow it to reside. Your human vessel does not have to understand any of this. Yet you, the spirit that resides within that human vessel, in order to continue to awaken further and to integrate more expanded frequencies, then must take this information to yourself. You see? This information holds within it some of those frequencies of your origin. And those frequencies are what can assist you to awaken further.

As the frequencies of the Transformation of earth and its inhabitants continues even as you breathe these words, that which you are and as you originated can expand further and further. This allows you to remain incarnate and still expand your own frequencies

of consciousness. You see, my dears, it is your origin that is begging you to become aware of the more, the more that exists beyond the repeated histories of your residing incarnate in what has been called lifetimes after lifetimes.

Now there are those who have spoken that lifetimes are a way to work through past mistakes. I, Ra, wish to tell you that is not true. You have been residing within lifetimes to explore that manner in which you forgot who you are. There is no right or wrong within those lifetimes. It is your spiritual journey. There is no such thing as punishment for anything that you might have done in a past lifetime. Punishment is a concept that was created by those ones who believed they must be in charge of beings, in charge of spirit beings. They realized that if they placed the control within a spiritual interpretation, then it would be accepted by the many. But you are not the many.

You must know by now that you are what could be called *very special beings*. Because of your origin, you are here upon earth to continue to awaken and then to radiate outward that Truth. The Truth of One. You hold that Truth within your frequencies because you are from the Ancient Ones wherein there resides that Truth of One. It is a holy truth. And that means that you are holy beings. Now what does the word *holy* mean?

Holy and Holiness of Being is a way of residing within the purity of being, within the beauty of One Breath, One Heart and One Being. There is the absence of distortion and illusion. And that is what you are beginning to become... the absence of distortion and illusion. And you are becoming that Holiness of Being as you awaken and recognize that it is distortion that seems to rule the many. Yet know this to be true. The many hold within themselves Truth and it is Truth that is calling the many to be uplifted. When the many are uplifted then there can be the further inflowing of the frequencies of Transformation.

And while you are most aware of the suffering of the many, you are also aware more and more of who you are. Now you can be more and more aware of your origin and truly who you are. This, my dears, is the uplifting of the consciousness of the many. How can that be? The Truth of One calls forth all that is alive to be freed of the distortion and the illusion of separation from the whole.

Now you do not have to feel a burden by all of this. Your residing is automatic. Your awakening is automatic. How can that be? It is automatic because of who you are. Truth prevails. Holiness prevails. The Ancinet Ones... are you, taking form.

Then I, RA, say to you, refuse to be convinced that you must do something to become who you are. You already are the essence of the Ancient Ones. Refuse to accept that you must reside within a series of awakenings in order to be awake. You are awake. You are simply...now hear these words...you are simply expanding your frequencies as they are now able to reside within your consciousness as you are incarnate. Now "as you are incarnate" is important. You already hold the truth of who you are. What is occurring is the letting go of those parameters that have been given through many lifetimes, parameters that tell you that you must follow certain beliefs or certain methods in order to awaken. Tat does not apply to you. You must know that.

I will say this once again, for your betterment and for the love that I hold for you. You are integrating the frequencies of that which you are... gradually... so that you will remain incarnate. You are those frequencies of Holiness of Being which is at times difficult to be made manifest within the physicality that proposes that there is separation from the whole. This has nothing to do with you. You are whole, you are One...and you are the frequencies of the Ancient Ones who reside before Creation Itself.

Let that Truth reside within you, within your consciousness. There is not really a purpose. There is residing and becoming conscious of the frequencies that form as you, your spirit.

All right now, I believe I have spoken what is appropriate for your receiving now. I am Ra and I am most pleased to be speaking with you in this manner. I give gratitude to this vessel who is called Miriandra and I give gratitude for the method that delivers these words and frequencies into your being.

Then until we speak again, I, Ra , speak the words so be it.

So be it.